

## MT KEMBLA PUBLIC SCHOOL

Phone 4271 2565

www.mtkembla-p.schools.nsw.edu.au

### Term Four, Week Seven

| Coming Events             |                       |
|---------------------------|-----------------------|
| Science Fair UOW          | Wednesday 28 November |
| Nan Tien Temple           | Thursday 29 November  |
| 2019 Captains<br>Speeches | Monday 3 December     |
| School Disco              | Tuesday 4 December    |
| Scripture Assembly        | Thursday 6 December   |
| Presentation Day          | Thursday 13 December  |
| Last day for Students     | Wednesday 19 December |

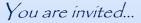
### Finding Humour

"You can increase your brain power three to fivefold simply

by laughing and having fun before working on a problem."

Doug Hall





Presentation Day is on Thursday 13 December, starting at 9:30am, under the COLA. Parents are more than welcome to attend. Should your child be receiving an award you will be notified prior to the day. We hope to see you there!

### Thank You Volunteers!

We will be holding a morning tea 'Thank You' for all the parents/grandparents who have volunteered to assist with travel, canteen or all the other ways our volunteers help throughout the year. This will occur in the library, straight after our Presentation Day ceremony.

### Coming and Going

We are in the process of finalising our student numbers for next year and start the task of forming our classes. If you know of anyone who is interested in having their child attend our school please direct them to the office. Similarly, should you be an existing family that is moving from our area also please let us know so we have an accurate idea of how many students we will have in each grade next year. Thank you for your assistance.

### Book and Toy Drive

Thank you to those who have already bought in gifts and books for The Smith Family Christmas Toy and Book Drive...all donations very welcome. Please remember gifts must be new and remain unwrapped so they can be matched to suitable age groups.

### Habits of Mind

Our habit for this week is Finding Humour.

Extract from





"People who laugh actually live longer than those who don't laugh. Few persons realize that health actually varies according to the amount of laughter."

James J. Walsh

Another unique attribute of human beings is our sense of humor. Laughter transcends all human beings. Its' positive effects on psychological functions include a drop in the pulse rate, the secretion of endorphins, an increased oxygen in the blood. It has been found to liberate creativity and provoke such higher level thinking skills as anticipation, finding novel relationships, visual imagery, and making analogies. People who engage in the mystery of humor have the ability to perceive situations from original and often interesting vantage points. They tend to initiate humor more often, to place greater value on having a sense of humor, to appreciate and understand others' humor and to be verbally playful when interacting with others. Having a whimsical frame of mind, they thrive on finding incongruity and perceiving absurdities, ironies and satire; finding discontinuities and being able to laugh at situations and themselves. Some students find humor in all the "wrong places"--human differences, ineptitude, injurious behavior, vulgarity, violence and profanity. They laugh at others yet are unable to laugh at themselves.

We want our students to acquire the characteristic of creative problem solvers, they can distinguish between situations of human frailty and fallibility that are in need of compassion and those that are truly funny (Dyer, 1997).

Have a good day!

Raelene Redfern Principal



14. Finding humor

Laugh a little!

Finding the whimsical, incongruous and unexpected. Being able to laugh at one's self.

#### **Library News**

Please remember to return your Library book/s on Wednesday 28 November so you can borrow. We have some new books waiting to be borrowed and this is your last chance this year!!

Mrs Smith - Teacher Librarian

# Ozobot Challenge

# 1/2 Cockatoos

In Week 6, the 1/2 Cockatoos had a chance to use the Ozobots that are part of a Robotics STEMShare Kit provided by the Department







# Swim Scheme

### Term 4, 2018

In Weeks 4 and 5 of this term, 22 students from Year 2, 3 and 4 attended a swimming program each afternoon at Western Suburbs Pool. After students were tested, the swimming teachers guided them through a program to improve their overall swimming skills. Students practised a range of skills from blowing bubbles, floating, back sculling, swimming freestyle, and treading water. They also partnered up to learn how to rescue someone in trouble. Every student made significant progress during the

two weeks and had a lot of fun in the process! An enormous thanks to all of those parents who helped us to transport students to and from the pool. We could not have run this program without you!



### Safe people, Safe places

The safety and wellbeing of our children is paramount. As parents and carers we can't always be with our children to advise and protect them.

When out and about, children can be confronted with situations where good decision-making is vital. With this in mind, advising our children with appropriate responses to certain situations will help them avoid trouble and danger.

Here are some simple tips to give your children for when they are out and about.

### Protect your child walking home

- ALWAYS identify safe places on the way home from school.
- DO NOT stop and talk to people you don't know. Go straight home or to your intended destination.
- ALWAYS find a safe place if you feel frightened. These include schools, shops, churches or police/fire/ambulance stations and tell them that you are frightened.
- NEVER get into a car with someone you don't know.

#### Protect your child on public transport

- NEVER travel in isolated areas. Find crowded carriages, guard's compartment (marked with a blue light) or at the front of the bus.
- ALWAYS try to travel in groups of friends if possible.

### Protect your child when in public spaces

- ALWAYS carry a contact number for your parents. (On a card attached to your clothing, written on your arms or in your phone).
- DO NOT walk away from family or friends without telling them where you are going, when you'll be back and who you are with.
- ALWAYS walk away from fights or arguments, unpleasant or aggressive behaviour and take your friends with you.
- REMEMBER, always tell your parents, carer or teacher if something has happened.

For more crime prevention information visit us on www.police.nsw.gov.au













### **AUDITIONS for our 2019 PROGRAM**

Singers in Year 3 to Year 8

The Flame Tree Project is an opportunity for talented singers in the Illawarra to perform original choral works based on the amazing landscape of the Illawarra.

Successful students will be invited to attend 2 weekend workshops in Term 1, 2019 at Minnamurra Public School. They will be working with professional composers and choreographers. The workshops will culminate with a performance to friends, family and the general public.

The Creative Director of the Flame Tree Project is Kate Whitworth (B.Mus.Ed Sydney Conservatorium – Teacher at Minnamurra Public School). The program's patron is Michelle Leonard OAM of Moorambilla Voices.

The creative team includes composers Annie Kwok, Josephine Gibson and Andrew Howes, as well as choreographer Jacob Williams.

Workshops will be held: 8.30am to 5pm on Saturday 23 & Sunday 24 February 2019

8.30am to 5pm on Saturday 23 & Sunday 24 March 2019

Final performance: 5:30 Sunday 24th March 2019.

Participation Fee: \$120

#### Auditions will be held prior to Christmas at 2 locations on the following dates & times:

Minnamurra Public School hall
 Corrimal East Public School hall
 Minnamurra Public School hall
 Minnamurra Public School hall
 Saturday 8<sup>th</sup> December 2018 at 10:00am
 Thursday 13<sup>th</sup> December 2018 at 4:00pm
 Friday 14<sup>th</sup> December 2018 at 3:30pm

Applicants will not be required to prepare an audition piece.

To apply, or for further information, go to the Flame Tree Project Facebook page. Alternatively, contact Kate Whitworth at kathleen.bestwick@det.nsw.edu.au.









## Kids' fishing workshop



Kids 8–14 years old are invited to come and learn to fish safely and responsibly. Instructors are experienced volunteers and staff from the Department of Primary Industries.

The day runs from 10 am to 2 pm and involves fishing techniques, bag and size limits, and fish handling for best release techniques.

COST is \$40 PER CHILD, and includes \* rcd and reel combination \* shirt \* hat \* lackle box

\* show bag-all to take home!

BOOKINGS ARE ESSENTIAL. Maximum 25 participants.

Locations and Date Gaden, Jindabyne

Lake Illawarra,

**Greenwell Point** 

**Batemans Bay** 

Merimbula

Fri-Sat 11th & 12th January 2019

Wednesday 9<sup>th</sup> January 2019
Wednesday 24<sup>th</sup> April 2019
Tuesday 23<sup>rd</sup> April 2019
Wednesday 16<sup>th</sup> January 2019
Tuesday 16<sup>th</sup> January 2019
Tuesday 16<sup>th</sup> April 2019
Thursday 17<sup>th</sup> January 2019
Wednesday 17<sup>th</sup> April 2019

To book, e-mail stephen.thurstan@dpi.nsw.gov.au or ring Stephen Thurstan, 02 4220 8484 or 0438 245 190

Details on the web: <a href="http://www.dpi.nsw.gov.au/fisheries/recreational/info/workshop">http://www.dpi.nsw.gov.au/fisheries/recreational/info/workshop</a> NSW DPI fishing workshops are run with the assistance of the Fishcare Volunteers and are supported by funds from the Recreational Fishing Trusts

AND LABORATOR